

Course Application	 PILATES TRAINING CENTER HAWAII	
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Mail your application and attachments to:

Pilates Training Center Hawaii
25 Maluniu Avenue, Suite 204
Kailua, HI 96734

Contact Information please print:

name: _____
company name(if applicable): _____
address: _____
city: _____ prov./state: _____
country: _____ postal/zip code: _____
telephone day: _____ evening: _____
e-mail: _____

Course registration:

Applications must be accompanied by a detailed resume/CV outlining education and experience, two letters of reference, a deposit of 20% of the course fee and a deposit of 20% of the materials fee (if purchasing materials through PTCH). Space is limited and applications will be processed on a first come-first-served basis.

Space will ONLY be reserved upon the receipt of all application materials and deposits. Prices are subject to change without notice. Fees for courses and workshops do not include required course materials or applicable taxes. Course fees are due two (2) weeks before course start date. Deposits and course fees are non-refundable. Deposits are non-transferable. For full details about our registration and cancellation policy, contact us.

Intensive program:

- PTF Pre-Training Foundation Class - 30 hrs**
- IMP Intensive Mat-Plus - 40 hrs**
- IR Intensive Reformer – 50 hrs**
- ICCB Intensive Cadillac, Chair & Barrels – 50 hrs**
 - o Intensive Cadillac Course (ICAD) Oahu – 25 hrs

Course application (cont'd)

- Intensive Chair Course (ICHR) Oahu – 15 hrs
- Intensive Barrels Course (IBRL) Oahu – 10 hrs
- ISP** Injury & Special Populations – 24 hrs
- AM** Advanced Matwork – 6 hrs
- AR** Advanced Reformer – 18 hrs
- ACCB** Advanced Cadillac, Chair & Barrels – 12 hrs
 - Advanced Cadillac Course (ACAD) Oahu – 6 hrs
 - Advanced Chair Course (ACHR) Oahu – 3 hrs
 - Advanced Barrels Course (ABRL) Oahu – 3hrs

Rehabilitation program:

- RMR1** Lumbar & Shoulder Girdle Stabilization; Matwork & Rehab Reformer – 24 hrs
- RMR2** Peripheral Joint Rehabilitation; Matwork & Rehab Reformer – 24 hrs

Start date requested: _____

Payment method:

- | | | |
|---------------------------------------|--------------------------------|--------------------------------------|
| <input type="checkbox"/> Deposit only | <input type="checkbox"/> Visa | <input type="checkbox"/> Money order |
| <input type="checkbox"/> Full payment | <input type="checkbox"/> AMEX | |
| <input type="checkbox"/> MasterCard | <input type="checkbox"/> Check | |

Account number: exp:

Name on card: _____

Signature: _____

Relevant education:

Reference letters:

Letters should reflect course prerequisites, your teaching abilities and character. _____

Please list related degrees, diplomas, post-secondary or certificate courses and workshops. _____

Describe anatomy education: include number of hours, when / where you studied and what topics were covered (e.g. musculoskeletal, anatomy, biomechanics) college / university course workshop / other. _____

List related certification (please specify: e.g. ACE, AFAA). _____

Relevant experience:

Outline your teaching experience (describe subject taught / years teaching). _____

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Relevant experience (cont'd)

Describe your personal experience in dance, fitness or other body work (how many years / how recently).

Outline your Pilates experience (describe when & where, indicated the STOTT PILATES method or other) none 1-10 hrs 10-30 hrs 30+hrs.

Personal information:

Do you have any injuries, conditions or postural issues? Are you currently pregnant or have you recently given birth? Failure to disclose any issues prior to enrollment may result in your removal from the course or the modification of course repertoire for you individually.

How did you hear about the STOTT PILATES and its education program?

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Personal information (cont'd)

Why are you interested in becoming a Pilates instructor?

Are you using this course to fulfill continuing education credits? Yes No If so, for what Organization?

I plan to attend all course hours: Yes No

I hereby certify that the information provided on this application is accurate. I understand that failure to provide accurate information may result in my removal from the certification program.

I have included the following:

- 20% non-refundable / non-transferable course fee deposit
- 20% non-refundable / non-transferable course materials deposit
- Two letters of reference
- Detailed resume / CV of education / education

Applications that do not include the above will not be processed.

Signature: _____ Date: _____

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